2023 Exempt Org. Return prepared for:

BE THE CHANGE IN MENTAL HEALTH 2800 CLEVELAND AVENUE Suite C SANTA ROSA, CA 95403

> VM ACCOUNTING SERVICES 1101 COLLEGE AVE SUITE 240 SANTA ROSA, CA 95404

VM ACCOUNTING SERVICES 1101 COLLEGE AVE SUITE 240 SANTA ROSA, CA 95404 7075424465

August 6, 2024

BE THE CHANGE IN MENTAL HEALTH 2800 CLEVELAND AVENUE Suite C SANTA ROSA, CA 95403

Dear Client:

Your 2023 Federal Return of Organization Exempt from Income Tax will be electronically filed with the Internal Revenue Service upon receipt of a signed Form 8879-TE - IRS e-file Signature Authorization. No tax is payable with the filing of this return.

Your 2023 California Exempt Organization Annual Information Return will be electronically filed with the Franchise Tax Board upon receipt of a signed Form 8453-EO. No tax is payable with the filing of this return.

Enclosed is your California Registration/Renewal Fee Report to the Attorney General. The original should be signed at the bottom of page one. There is a fee due of \$100 payable by November 15, 2024. Make the check or money order payable to "Department of Justice" and mail your California report on or before November 15, 2024 to:

REGISTRY OF CHARITIES AND FUNDRAISERS P.O. BOX 903447 SACRAMENTO, CA 94203-4470

It is your responsibility to provide all the information required for the preparation of complete and accurate returns. <u>You should retain all relevant documents and other data that support</u> <u>information in the tax returns, including your returns for at least seven years</u>. My work in connection with the preparation of the tax returns does not include any procedures designed to discover defalcations or other irregularities, should any exist. Likewise, I do not guarantee the accuracy of any valuations or the appropriateness of the values used in the preparation of the tax returns.

Please be sure to call us if you have any questions.

Sincerely,

VICTORIA MWANGI

(Rev. January 2024) Department of the Treasury Internal Revenue Service

Application for Extension of Time To File an Exempt Organization Return or Excise Taxes Related to Employee Benefit Plans File a separate application for each return. Go to www.irs.gov/Form8868 for the latest information.

Form 8868 (Rev. 1-2024)

FIFZ0501L 09/27/23

Electronic filing (e-file). You can electronically file Form 8868 to request up to a 6-month extension of time to file any of the forms listed below except for Form 8870, Information Return for Transfers Associated With Certain Personal Benefit Contracts. An extension request for Form 8870 must be sent to the IRS in a paper format (see instructions). For more details on the electronic filing of Form 8868, visit *www.irs.gov/e-file-providers/e-file-for-charities-and-non-profits*.

Caution: If you are going to make an electronic funds withdrawal (direct debit) with this Form 8868, see Form 8453-TE and Form 8879-TE for payment instructions.

All corporations required to file an income tax return other than Form 990-T (including 1120-C filers), partnerships, REMICs, and trusts must use Form 7004 to request an extension of time to file income tax returns.

	Name of exempt organization, employer, or other filer, see instructions.	Taxpayer identification number (TIN)
Type or Print		
	BE THE CHANGE IN MENTAL HEALTH	85-1043181
File by the	Number, street, and room or suite number. If a P.O. box, see instructions.	· · · · · · · · · · · · · · · · · · ·
due date for filing your	2800 CLEVELAND AVENUE C	
return. See	City, town or post office, state, and ZIP code. For a foreign address, see instructions.	
instructions.	SANTA ROSA, CA 95403	

Application Is For		Return Code						
Form 990 or Form 990-EZ 01 Form 4720 (other than individual)								
Form 4720 (individual)	03	Form 5227		10				
Form 990-PF	orm 990-PF 04 Form 6069							
Form 990-T (section 401(a) or 408(a) trust)	05	Form 8870		12				
Form 990-T (trust other than above)	06	Form 5330 (individual)		13				
Form 990-T (corporation)	07	Form 5330 (other than individual)		14				
Form 1041-A	08							
 After you enter your Return Code, complete either Part II time to file Form 5330. If this application is for an extension of time to file Form 	5330, you n	nust enter the following information.	only	for an extension of				
Plan Name Plan Number Plan Year Ending (MM/DD/YYYY)								
Part II – Automatic Extension of Time To File for	rExempt	Organizations (see instructions)						
 The books are in the care of <u>THE ORGANIZATION 280</u>. Telephone No. <u>530-680-2810</u> If the organization does not have an office or place of but If this is for a Group Return, enter the organization's four check this box If it is for part of the group, of the extension is for. 	Fax No isiness in the r-digit Group	e United States, check this box Exemption Number (GEN) If t	this is	for the whole group,				
 1 I request an automatic 6-month extension of time until <u>11/15</u>, 20 <u>24</u>, to file the exempt organization return for the organization named above. The extension is for the organization's return for: X calendar year 20 <u>23</u> or tax year beginning , 20, and ending , 20 2 If the tax year entered in line 1 is for less than 12 months, check reason: Initial return Final return Final return Change in accounting period 								
3a If this application is for Forms 990-PF, 990-T, 4720, or nonrefundable credits. See instructions			3a	\$ 0.				
b If this application is for Forms 990-PF, 990-T, 4720, or tax payments made. Include any prior year overpayments	6069, enter nt allowed a	any refundable credits and estimated s a credit	3b	\$0.				
c Balance due. Subtract line 3b from line 3a. Include you EFTPS (Electronic Federal Tax Payment System). See	c Balance due. Subtract line 3b from line 3a. Include your payment with this form, if required, by using EFTPS (Electronic Federal Tax Payment System). See instructions							

BAA For Privacy Act and Paperwork Reduction Act Notice, see instructions.

Form	99	0
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Department of the Treasury

Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations) Do not enter social security numbers on this form as it may be made public.

Open to Public Inspection

OMB No. 1545-0047

-		Venue Service		irs.gov/rorm990 for instruction					
Α	For t	he 2023 calen	dar year, or tax year begir	nning	, 2023, and endir		, 20		
В	Check	if applicable:	С			D Employ	er identifica	ation number	
	A	ddress change	BE THE CHANGE IN			85-	104318	31	
	N	ame change	2800 CLEVELAND A			E Telepho	one number		
	In	nitial return	SANTA ROSA, CA 9	95403		707	800-7	7568	
		nal return/terminated							
		mended return				G Gross r	eceints \$	192	149.
			F Name and address of principa			H(a) Is this a group retur			X No
	A	pplication pending		al officer: M. CHILCOTT,	MD			103	No
	-		SAME AS C ABOVE		74 2422	H(b) Are all subordinates If "No," attach a list	. See instruc	ctions.	
<u> </u>		-exempt status:	X 501(c)(3) 501(c) (7(a)(1) or 527	-			
J	We	bsite: WW	W.BTCMENTALHEALT	H.ORG	T	H(c) Group exemption n			
K		n of organization:	X Corporation Trust	Association Other	L Year of format	tion: 2020 M s	State of lega	I domicile: CA	
Pa	art I	Summar	у						
	1			ion or most significant activit					
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ы С		MANNER A	ND DELIVER OTHER	EFFECTIVE TREATME	NTS TO ENHAI	NCE MENTAL W	ELLNES	S	
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Governance	2	Check this bo		on discontinued its operations				ts.	
Ğ	3			rning body (Part VI, line 1a)			3		6
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Activities &	5			n calendar year 2023 (Part V			5		14
÷	6			necessary)			6		0
Ă				Part VIII, column (C), line 12			7a		0.
	b	Net unrelated	I business taxable income	from Form 990-T, Part I, line	. 11		7b		0.
						Prior Year		Current Ye	
Ð	8			e 1h)					.843.
Revenue	9	-		e 2g)		/ •	537.	245,	,306.
eve	10			A), lines 3, 4, and 7d)					
œ	11			nes 5, 6d, 8c, 9c, 10c, and 1					
	12			(must equal Part VIII, colum		/	284.	492,	,149.
	13	Grants and s	imilar amounts paid (Part	IX, column (A), lines 1-3)					
	14	Benefits paid	to or for members (Part I	X, column (A), line 4)					
	15	Salaries, othe	er compensation, employe	. 271,2	223.	416,	,706.		
Expenses	16a	Professional	fundraising fees (Part IX,	column (A), line 11e)					
en	h		sing expenses (Part IX, co						
ă	1								
	17	•		ines 11a-11d, 11f-24e)		= = = / .			.041.
	18	•		equal Part IX, column (A), lin	•				,747.
	19	Revenue less	s expenses. Subtract line 1	18 from line 12		-100,7	764.		,598.
Net Assets or Fund Balances						Beginning of Currer		End of Ye	
sets alan	20					• = • / •			,512.
¶ B B B B B B B B B B B B B B B B B B B	21	Total liabilitie	s (Part X, line 26)			. 641,8	334.	936,	,884.
β.	22	Net assets or	fund balances. Subtract I	ine 21 from line 20		-23,4	167.	-293,	372.
Pa	art II	Signatur	e Block					,	,
				urn, including accompanying schedules all information of which preparer has a	and statements, and to	the best of my knowledge	and belief.	it is true, correct.	and
com	plete. D	Declaration of prepa	irer (other than officer) is based on	all information of which preparer has a	any knowledge.	ý 5			
Sig	nn	Signature of	officer			Date			
He	re	M. CHI	ILCOTT, MD		ſ	CEO/CMO			
			t name and title						—
		Print/Type r	preparer's name	Preparer's signature	Date	Check	X if PTI	IN	
-	:			, , , , , , , , , , , , , , , , , , , ,					
Pa			RIA MWANGI		I	self-employ		0129278	
Pro-	epar e Or	er Firm's name					0001	04000	
US	e or	IIY Firm's addre		AVE SUITE 240		Firm's EIN		24886	
			SANTA ROSA,			Phone no.		24465	
Ma	y the	IRS discuss th	is return with the preparer	r shown above? See instructi	ons			X Yes	No

BAA For Paperwork Reduction Act Notice, see the separate instructions.

Part III Statement of Program Service Accomplishments Check if Schedule 0. contains a response on one to any line in the Part II. Image: Check if Schedule 0. Contains a response on one to any line in the Part II. I Brefly describe the apparization's mission: TO BRING PSYCHEPELLCA-SSISTED PSYCHOTHERAPY. TO THE PUBLIC IN A SAFE, MEDICALLY. SUBERVISED AND MANAGED_LEGAL MANNER AND DELIVER OTHER EFFECTIVE TREATMENTS TO ENHANCE. Were magnation underline any significant program services during the year which were not listed on the prior Form 990 or 90-522. I the organization underline these anges on Schedule 0. 3 Dit the organization cases conducting, or make significant changes in how it conducts, any program services? Yes X No If Yes? Schedule 70(52) and 501(cf)(cf) organizations accomplichments for each of its three largest program nervices, an ensured in sequence to report the amount of grants and allocations to others, the total expenses. and revenue, if any, to each program service reported. If Yes? 4a (Code:) (Expenses \$ 574,007, including grants of \$) (Revenue \$) PROVIDED PSYCHEPELARY TO THE PUBLIC REGAMDESS OF ABILITY TO PAY, COLOR OF SKIN, RELIGION, POLITICAL AFFILIATION, GONE SEXUAL ORIENTATION, OUR STAR-STEP FROMENS, TOWARD QUER OF TILINESS. IN (Polement \$	Form	1990 (2023) BE THE CHANGE IN MENTAL HEALTH	85-1043181	Page 2
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Form 990 (2023) BE THE CHANGE IN MENTAL HEALTH

Par	t IV Checklist of Required Schedules			
	1 the exercise described is section E01(c)(2) or $1047(c)(1)$ (allow then a windle foundation)2 if $10/cc$ 10 even(at		Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? If "Yes," complete Schedule A	1	Х	
2	Is the organization required to complete Schedule B, Schedule of Contributors? See instructions	2	Х	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? <i>If "Yes," complete Schedule C, Part I.</i>	3		Х
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? If "Yes," complete Schedule C, Part II.	4		Х
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Revenue Procedure 98-19? If "Yes," complete Schedule C, Part III	5		Х
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6		Х
7	Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas, or historic structures? <i>If "Yes," complete Schedule D, Part II.</i>	7		Х
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? <i>If "Yes,"</i> complete Schedule D, Part III.	8		Х
9	Did the organization report an amount in Part X, line 21, for escrow or custodial account liability, serve as a custodian for amounts not listed in Part X; or provide credit counseling, debt management, credit repair, or debt negotiation services? <i>If "Yes," complete Schedule D, Part IV.</i>	9		Х
10	Did the organization, directly or through a related organization, hold assets in donor-restricted endowments or in quasi-endowments? If "Yes," complete Schedule D, Part V	10		Х
11	If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VII, VIII, IX, or X, as applicable.			
а	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If "Yes," complete Schedule D, Part VI.	11a	х	
b	Did the organization report an amount for investments – other securities in Part X, line 12, that is 5% or more of its total assets reported in Part X, line 16? <i>If "Yes," complete Schedule D, Part VII</i>	11b		Х
С	Did the organization report an amount for investments – program related in Part X, line 13, that is 5% or more of its total assets reported in Part X, line 16? <i>If "Yes," complete Schedule D, Part VIII</i>	11c		Х
d	Did the organization report an amount for other assets in Part X, line 15, that is 5% or more of its total assets reported in Part X, line 16? <i>If "Yes," complete Schedule D, Part IX</i>	11d		Х
е	Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X	11e	Х	
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? <i>If "Yes," complete Schedule D, Part X</i>	11f		Х
12a	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete Schedule D, Parts XI and XII.	12a		Х
b	Was the organization included in consolidated, independent audited financial statements for the tax year? If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional	12b		Х
13	Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	13		Х
14a	Did the organization maintain an office, employees, or agents outside of the United States?	14a		Х
b	Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000 or more? <i>If "Yes," complete Schedule F, Parts I and IV</i> .	14b		Х
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or for any foreign organization? <i>If "Yes," complete Schedule F, Parts II and IV</i>	15		Х
16	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other assistance to or for foreign individuals? If "Yes," complete Schedule F, Parts III and IV.	16		Х
17	Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? <i>If "Yes," complete Schedule G, Part I</i> . See instructions.	17	<u> </u>	X
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? If "Yes," complete Schedule G, Part II.	18		Х
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? <i>If "Yes," complete Schedule G, Part III</i>	19		Х
20a	Did the organization operate one or more hospital facilities? <i>If "Yes," complete Schedule H</i>	20a		Х
b	If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b		
21	Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or domestic government on Part IX, column (A), line 1? <i>If "Yes," complete Schedule I, Parts I and II</i>	21		Х
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Par	t IV Checklist of Required Schedules (continued)			0
			Yes	No
22	Did the organization report more than \$5,000 of grants or other assistance to or for domestic individuals on Part IX, column (A), line 2? <i>If "Yes," complete Schedule I, Parts I and III</i>	22		Х
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5, about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? <i>If "Yes," complete Schedule J</i> .	23		Х
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? <i>If "Yes," answer lines 24b through 24d and complete Schedule K. If "No," go to line 25a.</i>	24a		Х
b	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b		
С	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?	24c		
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	24d		
25a	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? If "Yes," complete Schedule L, Part I	25a		Х
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If "Yes," complete Schedule L, Part I.	25b		Х
26	Did the organization report any amount on Part X, line 5 or 22, for receivables from or payables to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons? <i>If "Yes," complete Schedule L, Part II</i>	26	Х	
27	Did the organization provide a grant or other assistance to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled entity (including an employee thereof) or family member of any of these persons? <i>If "Yes," complete Schedule L, Part III</i>	27		Х
28	Was the organization a party to a business transaction with one of the following parties? (See the Schedule L, Part IV, instructions for applicable filing thresholds, conditions, and exceptions).			
а	A current or former officer, director, trustee, key employee, creator or founder, or substantial contributor? <i>If "Yes," complete Schedule L, Part IV</i>	28a		Х
b	A family member of any individual described in line 28a? If "Yes," complete Schedule L, Part IV	28b		Х
С	A 35% controlled entity of one or more individuals and/or organizations described in line 28a or 28b? If "Yes," complete Schedule L, Part IV.	28c		Х
29	Did the organization receive more than \$25,000 in noncash contributions? If "Yes," complete Schedule M	29		Х
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? <i>If "Yes," complete Schedule M</i>	30		Х
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N, Part I	31		Х
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes," complete Schedule N, Part II.	32		Х
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? <i>If "Yes," complete Schedule R, Part I.</i>	33		Х
	Was the organization related to any tax-exempt or taxable entity? If "Yes," complete Schedule R, Part II, III, or IV, and Part V, line 1.	34		Х
	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a		Х
b	If "Yes" to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? <i>If "Yes," complete Schedule R, Part V, line 2</i>	35b		
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? <i>If "Yes," complete Schedule R, Part V, line 2</i>	36		Х
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? If "Yes," complete Schedule R, Part VI	37		Х
38	Did the organization complete Schedule O and provide explanations on Schedule O for Part VI, lines 11b and 19? Note: All Form 990 filers are required to complete Schedule O.	38	Х	
Par	t V Statements Regarding Other IRS Filings and Tax Compliance			
	Check if Schedule O contains a response or note to any line in this Part V		Yes	No
1a	Enter the number reported in box 3 of Form 1096. Enter -0- if not applicable 1a 7		162	110
	Enter the number of Forms W-2G included on line 1a. Enter -0- if not applicable			
с	Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming		v	
BAA	(gambling) winnings to prize winners?	1c Form	X 990 ((2022)
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Part	V Statements Regarding Other IRS Filings and Tax Compliance (continued)			
			Yes	No
	Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax State- ments, filed for the calendar year ending with or within the year covered by this return 2a 14			
b	If at least one is reported on line 2a, did the organization file all required federal employment tax returns?	2b		Х
3a	Did the organization have unrelated business gross income of \$1,000 or more during the year?	3a		Х
b	If "Yes," has it filed a Form 990-T for this year? If "No" to line 3b, provide an explanation on Schedule O	3b		
4a	At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial account)?	4a		х
b	If "Yes," enter the name of the foreign country			
	See instructions for filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR).			.
	Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?	5a		Х
	Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?	5b		Х
	If "Yes," to line 5a or 5b, did the organization file Form 8886-T?	5c		
	Does the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit any contributions that were not tax deductible as charitable contributions?	6a		Х
	If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible?	6b		
	Organizations that may receive deductible contributions under section 170(c).			
а	Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and services provided to the payor?	7a		X
b	If "Yes," did the organization notify the donor of the value of the goods or services provided?	7b		
	Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required to file Form 8282?	7c		Х
d	If "Yes," indicate the number of Forms 8282 filed during the year			
е	Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	7e		Х
f	Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract?	7f		Х
g	If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?	7g		
	If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization file a Form 1098-C?	7h		
8	Sponsoring organizations maintaining donor advised funds. Did a donor advised fund maintained by the sponsoring organization have excess business holdings at any time during the year?	8		
9	Sponsoring organizations maintaining donor advised funds.			
	Did the sponsoring organization make any taxable distributions under section 4966?	9a		
b	Did the sponsoring organization make a distribution to a donor, donor advisor, or related person?	9b		
	Section 501(c)(7) organizations. Enter:			
	Initiation fees and capital contributions included on Part VIII, line 12 10a			
	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities 10b			
	Section 501(c)(12) organizations. Enter:			
	Gross income from members or shareholders. 11a Gross income from other sources. (Do not net amounts due or paid to other sources 11a			
10-	against amounts due or received from them.)	12a		
	If "Yes," enter the amount of tax-exempt interest received or accrued during the year 12b	IZa		
	Section 501(c)(29) qualified nonprofit health insurance issuers.			
	Is the organization licensed to issue qualified health plans in more than one state?	13a		
u	Note: See the instructions for additional information the organization must report on Schedule O.	100		
b	Enter the amount of reserves the organization is required to maintain by the states in which the organization is licensed to issue qualified health plans			
с	Enter the amount of reserves on hand			
	Did the organization receive any payments for indoor tanning services during the tax year?	14a		Х
	If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation on Schedule O	14b		1
	Is the organization subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year?	15		X
	If "Yes," see the instructions and file Form 4720, Schedule N.			
16	Is the organization an educational institution subject to the section 4968 excise tax on net investment income? If "Yes," complete Form 4720, Schedule O.	16		X
17	Section 501(c)(21) organizations. Did the trust, or any disqualified or other person, engage in any activities that would			
	result in the imposition of an excise tax under section 4951, 4952, or 4953?	17		

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 Part VI
 Governance, Management, and Disclosure. For each "Yes" response to lines 2 through 7b below, and for a "No" response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes on Schedule O. See instructions.

 Check if Schedule O contains a response or note to any line in this Part VI.
 X

Sec	tion A. Governing Body and Management					
			Yes	No		
1a	Enter the number of voting members of the governing body at the end of the tax year 1a 6 If there are material differences in voting rights among members of the governing body, or if the governing body delegated broad authority to an executive committee or similar committee, explain on Schedule O.					
h						
	Enter the number of voting members included on line 1a, above, who are independent 1b 4 Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other					
2	officer, director, trustee, or key employee? SEE. SCHEDULE. O	2	Х			
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision					
Ū	of officers, directors, trustees, or key employees to a management company or other person?	3		Х		
4	Did the organization make any significant changes to its governing documents					
	since the prior Form 990 was filed?	4		Х		
5	Did the organization become aware during the year of a significant diversion of the organization's assets?	5		Х		
6	Did the organization have members or stockholders?	6		Х		
7a	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or more members of the governing body?	7a		Х		
b	Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or persons other than the governing body?	7b		Х		
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following:					
	The governing body?	8a	Х			
	Each committee with authority to act on behalf of the governing body?	8b		Х		
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the organization's mailing address? <i>If "Yes," provide the names and addresses on Schedule O</i>	9		Х		
Sec	tion B. Policies (This Section B requests information about policies not required by the Internal Re	event	ie Co	ode.)		
			Yes	No		
	Did the organization have local chapters, branches, or affiliates?	10a		Х		
b	If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes?	10b				
11a	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?	11a	Х			
	Describe on Schedule O the process, if any, used by the organization to review this Form 990. SEE SCHEDULE O	· · · ·				
	Did the organization have a written conflict of interest policy? If "No," go to line 13	12a		Х		
	b Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise					
с	to conflicts?	12b				
	Schedule O how this was done	12c				
	Did the organization have a written whistleblower policy?	13		X		
	Did the organization have a written document retention and destruction policy?	14		Х		
15	Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision?					
	The organization's CEO, Executive Director, or top management official.	15a		Х		
b	Other officers or key employees of the organization.	15b		Х		
	If "Yes" to line 15a or 15b, describe the process on Schedule O. See instructions.					
	Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a taxable entity during the year?	16a		Х		
b	If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's exempt status with respect to such arrangements?	16b				
Sec	tion C. Disclosure					
17	List the states with which a copy of this Form 990 is required to be filed					
18	Section 6104 requires an organization to make its Forms 1023 (1024 or 1024-A, if applicable), 990, and 990-T (section 50 available for public inspection. Indicate how you made these available. Check all that apply.	1(c)(3	B)s on	ly)		
10	Own website X Another's website X Upon request Other (explain on Schedule O)	hla ta				
19 20	Describe on Schedule 0 whether (and if so, how) the organization made its governing documents, conflict of interest policy, and financial statements availa the public during the tax year. SEE SCHEDULE O State the name, address, and telephone number of the person who possesses the organization's books and records.	NIG (Q				
20	THE ORGANIZATION 2800 CLEVELAND AVE, STE C SANTA ROSA CA 95403 530-680-2810					
	THE ORGANIZATION 2000 CHEVELAND AVE, SIE C SANIA ROSA CA 33403 330-080-2810					

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Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highes Independent Contractors	t Compensated Employe	es, and					
Check if Schedule O contains a response or note to any line in this Part VII							
Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees							
a Complete this table for all persons required to be listed. Report compensation for the calendar year ending organization's tax year.							

 List all of the organization's current officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.

• List all of the organization's current key employees, if any. See the instructions for definition of "key employee."

• List the organization's five **current** highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (box 5 of Form W-2, box 6 of Form 1099-MISC, and/or box 1 of Form 1099-NEC) of more than \$100,000 from the organization and any related organizations.

• List all of the organization's former officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.

• List all of the organization's former directors or trustees that received, in the capacity as a former director or trustee of the

organization, more than \$10,000 of reportable compensation from the organization and any related organizations.

See the instructions for the order in which to list the persons above.

Check this box if neither the organization nor any related organization compensated any current officer, director, or trustee.

			(C)								
	(A) Name and title	(B) Average hours per week (list any hours for related organiza- tions below dotted line)	box,	, unles cer an	ss pe	rson	than o s both r/trus Highest compensated employee	an	(D) Reportable compensation from the organization (W-2/1099- MISC/1099-NEC)	(E) Reportable compensation from related organizations (W-2/1099- MISC/1099-NEC)	(F) Estimated amount of other compensation from the organization and related organizations
_(1)	M. CRIPPEN	40									-
(2)	ED/SECRETARY	0			Х				104,403.	0.	0.
(2)	M. CHILCOTT, MD CEO/CMO	<u>_20</u> _ 0	Х		Х				0.	0.	0.
(3)	L. MCMAHON	1									
	PRESIDENT	0	Х		Х				0.	0.	0.
(4)	E. SCHRAM MEMBER	$-\frac{1}{0}$	Х						0.	0.	0.
(5)	TRACY WEBB	1							0.	0.	0.
``_	MEMBER	0	Х						0.	0.	0.
(6)	TIM WEBB									0	0
(7)	MEMBER	0	Х						0.	0.	0.
<u>(/)</u>	K. LARSON VICE PRESIDENT	1	Х		Х				0.	0.	0.
(8)											
(9)											
(10)											
(11)											
(12)											
(13)				$\left \right $	<u> </u>						
(14)											
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Pa	rt VII Section A. Officers, Directors, Tru	istees, l	hey	Emp		-	es, a	anc	a Hignest Corr	ipensated Empl	oyees	(contri	nued)
	(A)	(B)		F	(C Posit				(D)	(E)		(F)	
	Name and title	Average	box,	not che unless	eck m	nore t son is	than or s both /truste	an	Reportable compensation from	Reportable compensation from	Estima	ated amo	ount
		hours per week (list any	-	1	- T				the organization (W-2/1099-	related organizations (W-2/1099- MISC/1099-NEC)	compe the o	f other nsation rganizati	ion
		hours for related organiza-	Individual trustee or director	titutic	Officer	Key employee	hest ploye	Former	MISC/1099-NEC)	MISC/1099-NEC)		d related inization	
		tions below	al trus or	nal tr		oloye	comp						
		dotted line)	stee	Institutional trustee		10	Highest compensated employee						
(15)					-		ස්						
<u>(13)</u>			•										
(16)													
(17)					-								
(18)													
(19)													
(20)													
(21)													
()))													
(22)													
(23)													
(24)													
<u>()</u>			•										
(25)													
1b	Subtotal								104,403.	0.			0.
	Total from continuation sheets to Part VII, Section								0.	0.			0.
	Total (add lines 1b and 1c)								104,403.	0.	oncation		0.
2	from the organization 1		Isteu	above	e) w		eceiv	/eu	more man \$100,00	o or reportable comp	ensation	I	
												Yes	No
3	Did the organization list any former officer, direc on line 1a? If "Yes, "complete Schedule J for suc	tor, truste <i>h individu</i>	e, ke al.	y em	iplo	yee	, or h	nigh	nest compensated	employee	3		Х
4	For any individual listed on line 1a, is the sum of	reportab	le cor	nper	ısat	tion	and	oth	er compensation	from	-		
	the organization and related organizations greate such individual	er than \$1	50,00	0? /1	f "Y	′es,'	" con	nple	ete Schedule J for		4		Х
5	Did any person listed on line 1a receive or accru	e comper	satio	n froi	m a	any i	unrel	lạte	d organization or	individual	-		
Sec	for services rendered to the organization? If "Yes tion B. Independent Contractors	s," comple	ete So	chedi	ule	J fO	or suc	ch p	person		5		Х
1	Complete this table for your five highest compen compensation from the organization. Report compen	sated inde	epeno	dent o	con ar v	ntrac Jear	tors endir	tha na w	t received more th	nan \$100,000 of			
	(A)				<u>.</u>		orrain	.9 .	(B)		(0)	
	Name and business add	ress							Description of	of services	Compe	nsatio	n
2	Total number of independent contractors (including b	out not lim	ited to	thos	se li	sted	abov	ve) v	who received more	than			
	\$100,000 of compensation from the organization	0											

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Part VIII Statement of Revenue

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		Check if Schedule O contains a	response or note to any	/ line in this Part VI	11		
				(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512-514
হ হ	1a	Federated campaigns	1a				
Contributions, Gifts, Grants, and Other Similar Amounts	b	Membership dues	1b				
Å S	C.	Fundraising events.	1c				
E U		Related organizations	1d				
Sin's		Government grants (contributions) All other contributions, gifts, grants, and	1e				
iti ja	•	similar amounts not included above	1f 246,843.				
t di di		Noncash contributions included in lines 1a-1f	1g				
and		Total. Add lines 1a-1f		246,843.			
			Business Code	240,043.			
Venu	2a	<u>SERVICES</u>		245,306.	245,306.		
Be	b						
vice	С						
Ser	d						
Tam	e 4	All other program service revenue.					
Program Service Revenue	и 1	Total. Add lines 2a-2f		245,306.			
<u> </u>	9 3	Investment income (including dividen		243,300.			
	5	other similar amounts)					
	4	Income from investment of tax-exe	empt bond proceeds				
	5	Royalties					
	C -	Gross rents	l (ii) Personal				
		Gross rents 6a Less: rental expenses 6b					
		Rental income or (loss) 6c					
		Net rental income or (loss)					
		Gross amount from (i) Securit					
		sales of assets					
	b	Less: cost or other basis					
		and sales expenses 7b					
		Gain or (loss) 7c					
	-	o ()					
Other Revenue	ва	Gross income from fundraising events (not including \$					
Nel		of contributions reported on line 1c).	-				
å		See Part IV, line 18	8a				
her		Less: direct expenses	8b				
ð		Net income or (loss) from fundrais	ing events				
	9a	Gross income from gaming activities. See Part IV, line 19	9a				
	h	Less: direct expenses	9b				
		Net income or (loss) from gaming					
		Gross sales of inventory, less					
	1 ou	returns and allowances.	10a				
		Less: cost of goods sold	10b				
	С	Net income or (loss) from sales of	-				
Sh	11-		Business Code				
Miscellaneous Revenue	11a b c d						
ella. Ver	c						
Re	d	All other revenue					
Σ		Total. Add lines 11a-11d					
	12	Total revenue. See instructions		492,149.	245,306.	0.	0.

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A). Check if Schedule O contains a response or note to any line in this Part IX

Sec	tion 501(c)(3) and 501(c)(4) organizations must cor Check if Schedule O contains a				
D a		(A)	(B)	(C)	(D)
6b,	not include amounts reported on lines 7b, 8b, 9b, and 10b of Part VIII.	Total expenses	Program service expenses	Management and general expenses	Fundraising expenses
1	Grants and other assistance to domestic organizations and domestic governments. See Part IV, line 21				
2	Grants and other assistance to domestic individuals. See Part IV, line 22				
3	Grants and other assistance to foreign organizations, foreign governments, and for- eign individuals. See Part IV, lines 15 and 16				
4	Benefits paid to or for members				
5	Compensation of current officers, directors, trustees, and key employees	104,404.	52,202.	52,202.	0.
6	Compensation not included above to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)	259,558.	230,418.	29,140.	0.
7	Other salaries and wages				
8	Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions)				
9	Other employee benefits	13,194.	9,896.	3,298.	
10	Payroll taxes	39,550.	29,663.	9,887.	
11	Fees for services (nonemployees):			- ,	
	Management				
b	Legal	579.		579.	
	Accounting				
d	Lobbying				
e	Professional fundraising services. See Part IV, line 17				
	Investment management fees				
g	Other. (If line 11g amount exceeds 10% of line 25, column (A), amount, list line 11g expenses on Schedule 0.)	49,447.	46,932.	2,515.	
12	Advertising and promotion.	20,166.	16,133.	4,033.	
13	Office expenses	6,954.	5,563.	1,391.	
14	Information technology	8,561.	8,561.	_, == .	
15	Royalties	,	,		
16	Occupancy	122,928.	98,342.	24,586.	
17	Travel		ŕ		
18	Payments of travel or entertainment expenses for any federal, state, or local public officials				
19	Conferences, conventions, and meetings	11,732.	11,732.		
20	Interest	31,980.	•	31,980.	
21	Payments to affiliates				
22	Depreciation, depletion, and amortization	17,132.	13,706.	3,426.	
23		22,756.	18,205.	4,551.	
24	Other expenses. Itemize expenses not covered above. (List miscellaneous expenses on line 24e. If line 24e amount exceeds 10% of line 25, column (A), amount, list line 24e expenses on Schedule O.)				
а	FINANCE CHARGES	27,683.		27,683.	
b		26,776.	26,776.		
c		7,347.	5,878.	1,469.	
d					
25	Total functional expenses. Add lines 1 through 24e	770,747.	574,007.	196,740.	0.
26		110,141.	5/3,007.	1,0,740.	

TEEA0110L 08/23/23

Form 990 (2023) BE THE CHANGE IN MENTAL HEALTH Part X Balance Sheet

				(A) Beginning of year		(B) End of year
1	Cash – non-interest-bearing				1	23,237
2	Savings and temporary cash investments				2	
3	Pledges and grants receivable, net				3	
4	Accounts receivable, net			9,290.	4	26,951
5	Loans and other receivables from any current or form trustee, key employee, creator or founder, substantia controlled entity or family member of any of these pe	ner officer, I contributo rsons	director, or, or 35%		5	
6	Loans and other receivables from other disqualified p		h			
	section 4958(f)(1)), and persons described in section	4958(c)(3)	(B)		6	
7	Notes and loans receivable, net		•		7	
8	Inventories for sale or use		•	19,437.	8	20,361
8	Prepaid expenses and deferred charges		•	21,429.	9	26,299
10a	Land, buildings, and equipment: cost or other basis. Complete Part VI of Schedule D	1 1	1			
	Less: accumulated depreciation.		36,093.	563,795.	10c	546,663
11	Investments – publicly traded securities	II			11	010/000
12	Investments – other securities. See Part IV, line 11.				12	
13	Investments - program-related. See Part IV, line 11.				13	
14	Intangible assets				14	
15	Other assets. See Part IV, line 11			4,416.	15	1
16	Total assets. Add lines 1 through 15 (must equal line			618,367.	16	643,512
17	Accounts payable and accrued expenses			18,619.	17	29,967
18	Grants payable				18	
19	Deferred revenue			27,198.	19	51,596
20	Tax-exempt bond liabilities				20	
2 21	Escrow or custodial account liability. Complete Part				21	
21 22	Loans and other payables to any current or former of key employee, creator or founder, substantial contribu- controlled entity or family member of any of these pe	ficer, direc utor, or 35° rsons	tor, trustee, %	40,000.	22	50,000
23	Secured mortgages and notes payable to unrelated th			535,858.	23	
23	Unsecured notes and loans payable to unrelated third	•		555,656.	23	780,887
24 25	Other liabilities (including federal income tax, payable and other liabilities not included on lines 17-24). Com	•				
20				20,159.	25 26	24,434
26	Total liabilities. Add lines 17 through 25		-	641,834.	20	936,884
ŝ	and complete lines 27, 28, 32, and 33.	e X	J			
27	Net assets without donor restrictions			-23,467.	27	-293,372
28			-	20,107.	28	2307072
	Organizations that do not follow FASB ASC 958, che and complete lines 29 through 33.					
29	Capital stock or trust principal, or current funds		ľ		29	
30	Paid-in or capital surplus, or land, building, or equipn				30	
31	Retained earnings, endowment, accumulated income				30	
32	Total net assets or fund balances			-22 167	32	_202 272
30 31 32 33	Total liabilities and net assets/fund balances			-23,467.	33	-293,372
- 33	יטנמו וומטווונובא מווע וופן מאאפנאיועווע שמומווניפא	TEEA0111L		618,367.	33	643,512 Form 990 (202

Forn	990 (2023) BE THE CHANGE IN MENTAL HEALTH 85-	104318	1	Pag	e 12
Par	t XI Reconciliation of Net Assets				
	Check if Schedule O contains a response or note to any line in this Part XI.				
1	Total revenue (must equal Part VIII, column (A), line 12)	1	49	92,14	19.
2	Total expenses (must equal Part IX, column (A), line 25)	2	77	70,74	17.
3	Revenue less expenses. Subtract line 2 from line 1	3	-27	78,59	98.
4	Net assets or fund balances at beginning of year (must equal Part X, line 32, column (A))	4		23,46	
5	Net unrealized gains (losses) on investments.	5			
6	Donated services and use of facilities	6			
7	Investment expenses	7			
8	Prior period adjustments	8		8,69	93.
9	Other changes in net assets or fund balances (explain on Schedule O)	9			0.
10	Net assets or fund balances at end of year. Combine lines 3 through 9 (must equal Part X, line 32, column (B))	10	-29	93,37	12
Par	t XII Financial Statements and Reporting			/0/0/	<u> </u>
	Check if Schedule O contains a response or note to any line in this Part XII				
					No
1	Accounting method used to prepare the Form 990: Cash X Accrual Other		-	105	
	If the organization changed its method of accounting from a prior year or checked "Other," explain on Schedule O.				
2a	Were the organization's financial statements compiled or reviewed by an independent accountant?		. 2a		Х
	If "Yes," check a box below to indicate whether the financial statements for the year were compiled or review separate basis, consolidated basis, or both.	red on a			
h	Were the organization's financial statements audited by an independent accountant?		. 2b		Х
	If "Yes," check a box below to indicate whether the financial statements for the year were audited on a separate basis, consolidated basis, or both. Separate basis Consolidated basis				
С	If "Yes" to line 2a or 2b, does the organization have a committee that assumes responsibility for oversight of the audi review, or compilation of its financial statements and selection of an independent accountant?	t,	. 2c		
	If the organization changed either its oversight process or selection process during the tax year, explain on Schedule O.				
3a	As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Guidance, 2 C.F.R. Part 200, Subpart F?	Uniform	. 3a		Х
	If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the required au or audits, explain why on Schedule O and describe any steps taken to undergo such audits				
BAA	TEEA0112L 08/23/23		Form	990 (2	023)

SCHEDULE A (Form 990)

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust. Attach to Form 990 or Form 990-EZ.

2023

OMB No. 1545-0047

to Public

Depart Interna	ment I Rev	of the Treasury enue Service	Go	o to www.irs.gov/For	m990 for instructions a	and the I	atest in	formation.	Inspection
Name	of the	e organization						Employer identifica	ation number
BE	TH	E CHANGE	IN MENTAL	HEALTH				85-104318	1
Par					organizations must				ctions.
The o	orga	1		,	For lines 1 through 12,		,	,	
1		,		1	nurches described in sec		b)(1)(A)(i).	
2	_				ach Schedule E (Form				
3	Х				ization described in sec				
4			-	tion operated in conju	unction with a hospital	describe	d in sec	tion 170(b)(1)(A)(iii). 上	nter the hospital's
_	_	name, city, a							
5		An organizati section 170(b	on operated for b)(1)(A)(iv). (Co	the benefit of a colle mplete Part II.)	ge or university owned	or oper	ated by	a governmental unit de	escribed in
6		A federal, sta	ite, or local gov	ernment or governme	ental unit described in s	section 1	70(b)(1)	(A)(v).	
7		An organizatio in section 17	n that normally r 0(b)(1)(A)(vi).(receives a substantial p Complete Part II.)	part of its support from a	governm	ental un	t or from the general put	blic described
8		A community	trust described	in section 170(b)(1)(A)(vi). (Complete Part	II.)			
9		An agricultura	research organi	ization described in sec	tion 170(b)(1)(A)(ix) oper	ated in c	onjunctio	on with a land-grant colle	ge
	L	or university o university:	Ũ	0 0	e (see instructions). Enter			and state of the college of	or
10		from activities investment in	on that normall s related to its e come and unre	y receives (1) more th exempt functions, sub	nan 33-1/3% of its supp bject to certain exception e income (less section	oort from ons; and	n contrib (2) no r	nore than 33-1/3% of it	s support from gross
11					ely to test for public safe	ety. See	sectior	n 509(a)(4).	
12		An organizati	on organized a	nd operated exclusive	ely for the benefit of, to	perform	, the fur	ctions of, or to carry or	it the purposes of one
	L	or more publi	clv supported o	rganizations describe	ed in section 509(a)(1) o	or sectio	n 509(a)(2). See section 509(a)	(3). Check the box on
а					upporting organization				the supported
u		organization(s) the power to re	gularly appoint or elect	d, or controlled by its sup a majority of the directo	rs or trus	stees of t	he supporting organization	on. You must
	_	-	t IV, Sections A						
b		management of	oporting organiz of the supporting te Part IV, Sect	organization vested in	controlled in connection the same persons that c	with its ontrol or	support manage	ed organization(s), by the supported organizat	having control or ion(s). You
с		•			ion operated in connectio	n with, a A, D, an	nd functio d E.	onally integrated with, its	supported
d		Type III non-fu functionally in	nctionally integ tegrated. The o	rated. A supporting org organization generally	anization operated in cor must satisfy a distribu s A and D, and Part V.	nnection Ition req	with its s uiremen	supported organization(s) t and an attentiveness) that is not requirement (see
е					en determination from				
	L	integrated, or	Type III non-fu	inctionally integrated	supporting organization	า.			-
f	Er	iter the numbe	r of supported	organizations	· · · · · · · · · · · · · · · · · · ·				
g				n about the supported		1			
	(I) Na	ame of supported of	rganization	(ii) EIN	(iii) Type of organization (described on lines 1-10 above (see instructions))	in your c	s the tion listed overning nent?	(v) Amount of monetary support (see instructions)	(vi) Amount of other support (see instructions)
							1		
						Yes	No		
(\)									
(A)									
(B)									
<u></u> /								<u> </u>	<u> </u>
(C)									
<u>. ,</u>									
(D)									
(E)									
Tota								<u> </u>	<u> </u>
								L	

BE THE CHANGE IN MENTAL HEALTH

85-1043181

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Section A. Public Support

000	don All abile oupport							
	ndar year (or fiscal year nning in)	(a) 2019	(b) 2020	(c) 2021	(d) 2022	(e) 2023	(f) Total	
1	Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")							
2	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf							
3	The value of services or facilities furnished by a governmental unit to the organization without charge							
4	Total. Add lines 1 through 3							
5	The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f)							
6	Public support. Subtract line 5 from line 4							
Sec	tion B. Total Support	T	r	T	Γ			
	ndar year (or fiscal year nning in)	(a) 2019	(b) 2020	(c) 2021	(d) 2022	(e) 2023	(f) Total	
5	Amounts from line 4							
8	Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources							
9	Net income from unrelated business activities, whether or not the business is regularly carried on							
10	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)							
11	Total support. Add lines 7 through 10							
12	Gross receipts from related activ	vities, etc. (see ins	structions)			12		
13	First 5 years. If the Form 990 is organization, check this box and	for the organization of the stop here	on's first, second,	, third, fourth, or f	ifth tax year as a	section 501(c)(3)	[
	tion C. Computation of Pu							
	Public support percentage for 20						%	
	Public support percentage from						%	3
16a	33-1/3% support test—2023. If t and stop here. The organization							
b	33-1/3% support test—2022. If the and stop here. The organization							
17a	10%-facts-and-circumstances te or more, and if the organization the organization meets the facts	meets the facts-a	ind-circumstances	s test, check this I	box and stop here	. Explain in Part	VI how	
b	10%-facts-and-circumstances te or more, and if the organization organization meets the facts-and	meets the facts-a	nd-circumstances	s test, check this I	box and stop here	. Explain in Part	VI how the	
18	Private foundation. If the organi	zation did not che	ck a box on line	13, 16a, 16b, 17a	, or 17b, check th	is box and see ins	structions	

Part III Support Schedule for Organizations Described in Section 509(a)(2) (Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Sec	tion A. Public Support						
Calen	dar year (or fiscal year beginning in)	(a) 2019	(b) 2020	(c) 2021	(d) 2022	(e) 2023	(f) Total
1	Gifts, grants, contributions, and membership fees						
	received. (Do not include						
	any "unusùal grants.")						
2	Gross receipts from admissions,						
	merchandise sold or services performed, or facilities						
	furnished in any activity that is						
	related to the organization's						
~	tax-exempt purpose						
3	Gross receipts from activities that are not an unrelated trade						
	or business under section 513.						
4	Tax revenues levied for the						
	organization's benefit and						
	either paid to or expended on its behalf						
5	The value of services or						
•	facilities furnished by a						
	governmental unit to the						
~	organization without charge						
	Total. Add lines 1 through 5						
/a	Amounts included on lines 1, 2, and 3 received from						
	disgualified persons.						
h	Amounts included on lines 2						
-	and 3 received from other than						
	disqualified persons that						
	exceed the greater of \$5,000 or 1% of the amount on line 13						
	for the year.						
с	Add lines 7a and 7b						
8	Public support. (Subtract line						
_	7c from line 6.).						
Sec	tion B. Total Support						
Calen	dar year (or fiscal year beginning in)	(a) 2019	(b) 2020	(c) 2021	(d) 2022	(e) 2023	(f) Total
9	Amounts from line 6						
10a	Gross income from interest, dividends,						
	payments received on securities loans,						
	rents, royalties, and income from similar sources						
b	Unrelated business taxable	-					
	income (less section 511						
	taxes) from businesses						
_	acquired after June 30, 1975						
	Add lines 10a and 10b						
11	Net income from unrelated business activities not included on line 10b.						
	whether or not the business is						
	regularly carried on						
12	Other income. Do not include gain or loss from the sale of						
	capital assets (Explain in						
	Part VI.)						
13	Total support. (Add lines 9,						
14	10c, 11, and 12.)	f	and Cost and	the interference of the second	(A)		
14	First 5 years. If the Form 990 is organization, check this box and						
Sec	tion C. Computation of Pu						
15	Public support percentage for 20		<u> </u>	ine 13 column (f))		00
16	Public support percentage from	-					00
	tion D. Computation of Inv						0
	8		<u> </u>		(6)	4=	0.
17	Investment income percentage f			-			00
18	Investment income percentage f						0/0
19a	33-1/3% support tests -2023. If	the organization of	did not check the	box on line 14, a	nd line 15 is more	than 33-1/3%, and	l line 17 🛛 🗖
ι.	is not more than 33-1/3%, check						
b	33-1/3% support tests—2022. If f line 18 is not more than 33-1/3%	check this box	and stop here Th	ox on ine 14 or line or an	ie 19a, and line I ialifies as a public	o is more than 33-	vization
20	Private foundation. If the organi		-				
20	rivate iounuation. It the organi		SUN A DUX UN NNE	14, 190, 01 190, 0	THECK THIS DOX SUC		

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Page 4

 Part IV
 Supporting Organizations

 (Complete only if you checked a box on line 12 of Part I. If you checked box 12a, Part I, complete Sections A and B. If you checked box 12b, Part I, complete Sections A and C. If you checked box 12c, Part I, complete Sections A, D, and E. If you checked box 12d, Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

			Yes	No
1	Are all of the organization's supported organizations listed by name in the organization's governing documents? If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.	1		
2	Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? If "Yes," explain in Part VI how the organization determined that the supported organization was described in section 509(a)(1) or (2).	2		
38	a Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? If "Yes," answer lines 3b and 3c below.	3a		
ł	Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? If "Yes," describe in Part VI when and how the organization made the determination.	3b		
(Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? If "Yes," explain in Part VI what controls the organization put in place to ensure such use.	3c		
	a Was any supported organization not organized in the United States ("foreign supported organization")? If "Yes" and if you checked box 12a or 12b in Part I, answer lines 4b and 4c below.	4a		
ł	Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? If "Yes," describe in Part VI how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.	4b		
(c Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.	4c		
5a	a Did the organization add, substitute, or remove any supported organizations during the tax year? If "Yes," answer lines 5b and 5c below (if applicable). Also, provide detail in Part VI , including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).	5a		
ł	Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?	5b		
C	Substitutions only. Was the substitution the result of an event beyond the organization's control?	5c		
6	Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? <i>If "Yes," provide detail in Part VI.</i>	6		
7	Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? <i>If "Yes," complete Part I of Schedule L (Form 990)</i> .	7		
8	Did the organization make a loan to a disqualified person (as defined in section 4958) not described on line 7? If "Yes," complete Part I of Schedule L (Form 990).	8		
9a	a Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons, as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? If "Yes," provide detail in Part VI.	9a		
ł	Did one or more disqualified persons (as defined on line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? If "Yes," provide detail in Part VI .	9b		
	Did a disqualified person (as defined on line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? <i>If "Yes," provide detail in Part VI.</i>	9c		
10a	a Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? If "Yes," answer line 10b below.	10a		
ł	Did the organization have any excess business holdings in the tax year? (Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)	10b		

Part I	V Supporting Organizations (continued)			
			Yes	No
11 H	as the organization accepted a gift or contribution from any of the following persons?			
	person who directly or indirectly controls, either alone or together with persons described on lines 11b and 11c below,			
th	e governing body of a supported organization?	11a		
b A	family member of a person described on line 11a above?	11b		
СА	35% controlled entity of a person described on line 11a or 11b above? If "Yes" to line 11a, 11b, or 11c, provide detail in Part VI.	11c		1

Section B. Type I Supporting Organizations

Schedule A (Form 990) 2023

1 Did the governing body, members of the governing body, officers acting in their official capacity, or membership of one or more supported organizations have the power to regularly appoint or elect at least a majority of the organization's officers, directors, or trustees at all times during the tax year? If "No," describe in **Part VI** how the supported organization (s) effectively operated, supervised, or controlled the organization's activities. If the organization had more than one supported organization, describe how the powers to appoint and/or remove officers, directors, or trustees were allocated among the supported organizations and what conditions or restrictions, if any, applied to such powers during the tax year.

BE THE CHANGE IN MENTAL HEALTH

2 Did the organization operate for the benefit of any supported organization other than the supported organization(s) that operated, supervised, or controlled the supporting organization? *If "Yes," explain in Part VI how providing such benefit carried out the purposes of the supported organization(s) that operated, supervised, or controlled the supporting organization.*

Section C. Type II Supporting Organizations

1 Were a majority of the organization's directors or trustees during the tax year also a majority of the directors or trustees of each of the organization's supported organization(s)? *If "No," describe in Part VI how control or management of the supporting organization was vested in the same persons that controlled or managed the supported organization(s).*

Section D. All Type III Supporting Organizations

Yes No
1 Did the organization provide to each of its supported organizations, by the last day of the fifth month of the organization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax year, (ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the organization's governing documents in effect on the date of notification, to the extent not previously provided?
Were any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported organization(s), or (ii) serving on the governing body of a supported organization? If "No," explain in Part VI how the organization maintained a close and continuous working relationship with the supported organization(s).
By reason of the relationship described on line 2, above, did the organization's supported organization's income or assets at all times during the tax year? If "Yes," describe in Part VI the role the organization's supported organizations played in this regard.

Section E. Type III Functionally Integrated Supporting Organizations

- 1 Check the box next to the method that the organization used to satisfy the Integral Part Test during the year (see instructions).
 - a The organization satisfied the Activities Test. Complete line 2 below.
 - **b** The organization is the parent of each of its supported organizations. *Complete line 3 below.*
 - c The organization supported a governmental entity. Describe in Part VI how you supported a governmental entity (see instructions).

2 Activities Test. Answer lines 2a and 2b below.

- a Did substantially all of the organization's activities during the tax year directly further the exempt purposes of the supported organization(s) to which the organization was responsive? If "Yes," then in **Part VI identify those supported** organizations and explain how these activities directly furthered their exempt purposes, how the organization was responsive to those supported organizations, and how the organization determined that these activities constituted substantially all of its activities.
- **b** Did the activities described on line 2a, above, constitute activities that, but for the organization's involvement, one or more of the organization's supported organization(s) would have been engaged in? *If "Yes," explain in Part VI the reasons for the organization's position that its supported organization(s) would have engaged in these activities but for the organization's involvement.*
- 3 Parent of Supported Organizations. Answer lines 3a and 3b below.
- a Did the organization have the power to regularly appoint or elect a majority of the officers, directors, or trustees of each of the supported organizations? *If "Yes" or "No," provide details in Part VI.*
- **b** Did the organization exercise a substantial degree of direction over the policies, programs, and activities of each of its supported organizations? If "Yes," describe in **Part VI** the role played by the organization in this regard.

2a

2b

3a

85-1043181

Page 5

Yes

Yes

No

No

Yes

1

2

1

No

Pag	e	6
1 ay	0	v

 Net short-term capital gain Recoveries of prior-year distributions Other gross income (see instructions) Add lines 1 through 3. Depreciation and depletion Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for 	1 2 3 4 5		
 3 Other gross income (see instructions) 4 Add lines 1 through 3. 5 Depreciation and depletion 6 Portion of operating expenses paid or incurred for production or collection of gross 	3 4		
 Add lines 1 through 3. Depreciation and depletion Portion of operating expenses paid or incurred for production or collection of gross 	4		
5 Depreciation and depletion6 Portion of operating expenses paid or incurred for production or collection of gross			
6 Portion of operating expenses paid or incurred for production or collection of gross	5		
production of income (see instructions)	6		
7 Other expenses (see instructions)	7		
8 Adjusted Net Income (subtract lines 5, 6, and 7 from line 4)	8		
ection B – Minimum Asset Amount		(A) Prior Year	(B) Current Year (optional)
1 Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year):			
a Average monthly value of securities	1a		
b Average monthly cash balances	1b		
c Fair market value of other non-exempt-use assets	1c		
d Total (add lines 1a, 1b, and 1c)	1d		
e Discount claimed for blockage or other factors (explain in detail in Part VI):			
2 Acquisition indebtedness applicable to non-exempt-use assets	2		
3 Subtract line 2 from line 1d.	3		
4 Cash deemed held for exempt use. Enter 0.015 of line 3 (for greater amount, see instructions).	4		
5 Net value of non-exempt-use assets (subtract line 4 from line 3)	5		
6 Multiply line 5 by 0.035.	6		
7 Recoveries of prior-year distributions	7		
8 Minimum Asset Amount (add line 7 to line 6)	8		
ection C – Distributable Amount			Current Year
1 Adjusted net income for prior year (from Section A, line 8, column A)	1		
2 Enter 0.85 of line 1.	2		
3 Minimum asset amount for prior year (from Section B, line 8, column A)	3		
4 Enter greater of line 2 or line 3.	4		
5 Income tax imposed in prior year	5		

Check here if the current year is the organization's first as a non-functionally integrated Type III supporting organization (see instructions). 7

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Schedule A (Form 990) 2023

Par	t V Type III Non-Functionally Integrated 509(a)(3) Si	upporting Organiza	ations (continue	ed)	
Sec	tion D – Distributions				Current Year
1	Amounts paid to supported organizations to accomplish exempt pu	irposes		1	
2	Amounts paid to perform activity that directly furthers exempt purposes	IS,			
	in excess of income from activity			2	
3	Administrative expenses paid to accomplish exempt purposes of s	upported organizations		3	
4	Amounts paid to acquire exempt-use assets			4	
	Qualified set-aside amounts (prior IRS approval required - provide	e details in Part VI)		5	
6	Other distributions (describe in Part VI). See instructions.			6	
	Total annual distributions. Add lines 1 through 6.			7	
8	Distributions to attentive supported organizations to which the organizat in Part VI). See instructions.	ion is responsive (provide	e details	8	
9	Distributable amount for 2023 from Section C, line 6			9	
	Line 8 amount divided by line 9 amount			10	
		_ (i)	(ii)	1	(iii)
	tion E – Distribution Allocations (see instructions)	Excess Distributions	Underdistributi Pre-2023	ons	Distributable Amount for 2023
	Distributable amount for 2023 from Section C, line 6				
2	Underdistributions, if any, for years prior to 2023 (reasonable cause required – <i>explain in Part VI</i>). See instructions.				
3	Excess distributions carryover, if any, to 2023			-	
	From 2018				
	Prom 2019				
	From 2020				
d	From 2021			Ì	
	P From 2022			Ì	
-	Total of lines 3a through 3e			Ì	
q	Applied to underdistributions of prior years				
	Applied to 2023 distributable amount		_		
	Carryover from 2018 not applied (see instructions)				
	Remainder. Subtract lines 3g, 3h, and 3i from line 3f.				
	Distributions for 2023 from Section D,				
a	S Applied to underdistributions of prior years			_	
	Applied to 2023 distributable amount				
-	Remainder. Subtract lines 4a and 4b from line 4.				
5	Remaining underdistributions for years prior to 2023, if any. Subtract lines 3g and 4a from line 2. For result greater than zero, <i>explain in Part VI</i> . See instructions.				
6	Remaining underdistributions for 2023. Subtract lines 3h and 4b from line 1. For result greater than zero, <i>explain in Part VI</i> . See instructions.				
7	Excess distributions carryover to 2024. Add lines 3j and 4c.				
8	Breakdown of line 7:				
a	Excess from 2019				
b	Excess from 2020				
С	Excess from 2021				
d	Excess from 2022				
e	Excess from 2023				

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Schedule A (Form 990) 2023

Schedule A (Form 990) 2023	BE THE	CHANGE IN	MENTAL	HEALTH	85-1043181	Page 8
B, lines 1 and 2; P	art IV, Section C, I line 1; Part V, Se	line 1; Part IV, ction B, line 1e	Section D, I ; Part V, Se	ines 2 and 3; Parl ction D, lines 5, 6	line 10; Part II, line 17a or 17b; Part b, and 11c; Part IV, Section : IV, Section E, lines 1c, 2a, 2b, , and 8; and Part V, Section E, structions.)	

Schedule B (Form 990)

OMB No. 1545-0047

2023

Attach to Form 990, 990-EZ, or 990-PF.	
Go to www.irs.gov/Form990 for the latest information.	

Department of the Treasury Internal Revenue Service

Name of the organization	Employer identification number
BE THE CHANGE IN MENTAL HEALTH	85-1043181
Organization type (check one):	

Filers of:	Section:
Form 990 or 990-EZ	X 501(c)(3) (enter number) organization
	4947(a)(1) nonexempt charitable trust not treated as a private foundation
	527 political organization
Form 990-PF	501(c)(3) exempt private foundation
	4947(a)(1) nonexempt charitable trust treated as a private foundation
	501(c)(3) taxable private foundation

Check if your organization is covered by the General Rule or a Special Rule.

Note: Only a section 501(c)(7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.

General Rule

For an organization filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 Х or more (in money or property) from any one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.

Special Rules

For an organization described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33-1/3% support test of the regulations under sections 509(a)(1) and 170(b)(1)(A)(vi), that checked Schedule A (Form 990), Part II, line 13, 16a, or 16b, and that received from any one contributor, during the year, total contributions of the greater of (1) \$5,000; or (2) 2% of the amount on (i) Form 990, Part VIII, line 1h; or (ii) Form 990-EZ, line 1. Complete Parts I and II.

For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, total contributions of more than \$1,000 exclusively for religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals. Complete Parts I (entering "N/A" in column (b) instead of the contributor name and address), II, and III.

For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, contributions exclusively for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box is checked, enter here the total contributions that were received during the year for an exclusively religious, charitable, etc., purpose. Don't complete any of the parts unless the General Rule applies to this organization because it received nonexclusively religious, charitable, etc., contributions totaling \$5,000 or more during the year..... \$

Caution: An organization that isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990), but it must answer "No" on Part IV, line 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990-PF, Part I, line 2, to certify that it doesn't meet the filing requirements of Schedule B (Form 990).

BAA For Paperwork Reduction Act Notice, see the instructions for Form 990, 990-EZ, or 990-PF.

	B (Form 990) (2023)		1 <u>1</u> Page 2
Name of org	ianization E CHANGE IN MENTAL HEALTH		r identification number 043181
Part I	Contributors (see instructions). Use duplicate copies of Part I if additional s		043101
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
<u>1</u>		\$210,256.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
2		\$20,000.	Person X Payroll Image: Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person

Schedule B (Form 990) (2023)				1	1	Page 3	
Name of organization		Employer identification number					
BE	THE	CHANGE	IN	MENTAL	HEALTH	85-1043	

Part II	Noncash Property (see instructions). Use duplicate copies of Part II if add	litional space is needed.		
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received	
	N/A			
		 \$\$		
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received	
		^{\$}		
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received	
-		\$		
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received	
-		 		
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received	
-		 \$		
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received	
		 \$		
AA	TEEA0703L 08/09/23		 B (Form 990) (202	

	B (Form 990) (2023)		1 1 Page 4
Name of orga	anization CHANGE IN MENTAL HEALTH		Employer identification number 85-1043181
Part III	Exclusively religious, charitable, e	for the year from any one completing Part III, enter the total of	tions described in section 501(c)(7), (8), ntributor. Complete columns (a) through (e) and <i>exclusively</i> religious, charitable, etc.,
	Use duplicate copies of Part III if additional	space is needed.	
(a) No. from Part I	(b) Purpose of gift	(d) Description of how gift is held	
	<u>N/A</u>		
	Transferee's name, addres	(e) Transfer of gift s, and ZIP + 4	Relationship of transferor to transferee
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
		(e) Transfer of gift	
	Transferee's name, addres	s, and ZIP + 4	Relationship of transferor to transferee
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	Transferee's name, addres		Relationship of transferor to transferee
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	Transferee's name, addres	Relationship of transferor to transferee	
			·
- DAA		TEFA0704I 08/09/23	

Supplemental Financial Statements					OMB No.	1545-0047	
SCHEDULE D (Form 990)Supplemental Financial Statements Complete if the organization answered "Yes" on Form 990, Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b.					20	2023	
Department of the Treasury Internal Revenue Service		Attach to Form 990. gov/Form990 for instructions and the latest ir			Open t Inspec	to Public	
Name of the organization							
	IN MENTAL HEALTH	nor Advised Funds or Other Similar	Funda ar A	85-104			
Part I Organiz Comple	ete if the organization a	nswered "Yes" on Form 990, Part IV,	line 6.	ccounts			
		(a) Donor advised funds	(b) F	unds and	other acco	unts	
	end of year					-	
	ntributions to (during year)						
	at end of year						
5 Did the organizat are the organizat	ion inform all donors and do ion's property, subject to the	nor advisors in writing that the assets held in a organization's exclusive legal control?	donor advised	funds	Yes	No	
for charitable pur	poses and not for the benefi	ors, and donor advisors in writing that grant fu t of the donor or donor advisor, or for any othe	er purpose cor	nferring _	_ ⊐x		
		·····			Yes	No	
	vation Easements ete if the organization a	nswered "Yes" on Form 990, Part IV,	line 7.				
		y the organization (check all that apply).					
	of land for public use (for exam		ition of a histo	5 1			
	natural habitat	Preserva	tion of a certif	ied histori	c structure	1	
	of open space					_	
2 Complete lines 2a last day of the ta		held a qualified conservation contribution in the fo	rm of a conserv	vation ease	ement on th	e	
				leld at the	End of the	e Tax Year	
		· · · · · · · · · · · · · · · · · · ·	_				
•	-	ments					
a historic structur	re listed in the National Regi	on line 2c acquired after July 25, 2006, and no ster	2d				
3 Number of conserv tax year	vation easements modified, tra	nsferred, released, extinguished, or terminated by	the organizatio	on during th	e		
		onservation easement is located					
		egarding the periodic monitoring, inspection, h nts it holds?		ations,	Yes	No	
		inspecting, handling of violations, and enforcing c					
7 Amount of expense	es incurred in monitoring, insp	ecting, handling of violations, and enforcing conse	ervation easeme	ents during	the year		
8 Does each conse and section 170(I	rvation easement reported o h)(4)(B)(ii)?	n line 2d above satisfy the requirements of se	ction 170(h)(4))(B)(i)	Yes	No	
9 In Part XIII, desc include, if applica conservation eas	ribe how the organization re able, the text of the footnote ements	ports conservation easements in its revenue a to the organization's financial statements that	nd expense sta describes the	atement a organizati	nd balance on's accou	sheet, and anting for	
Part III Organiz	zations Maintaining Co	Ilections of Art, Historical Treasures nswered "Yes" on Form 990, Part IV,	, or Other S line 8.	imilar A	ssets		
historical treasure	es, or other similar assets he	rr FASB ASC 958, not to report in its revenue : Id for public exhibition, education, or research al statements that describes these items.	statement and in furtherance	balance s e of public	sheet works service, p	s of art, rovide in	
following amount	s relating to these items.	r FASB ASC 958, to report in its revenue state or public exhibition, education, or research in furth					
(i) Revenue incl	uded on Form 990, Part VIII,	line 1		\$			
2 If the organization amounts required	received or held works of art, to be reported under FASB	historical treasures, or other similar assets for fina ASC 958 relating to these items.	ancial gain, prov	vide the fol	lowing		
		• 1					
	on ood, run (A			· · · · · · · · • •			

BAA For Paperwork Reduction Act Notice, see the Instructions for Form 990	D.
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Schedule D (Form 990) 2023

TEEA3301L 07/20/23

Schedule D (Form 990) 2023 BE THE CHANG			85-104	
Part III Organizations Maintaining Co	ollections of Art, His	torical Treasures, o	or Other Similar As	sets (continued)
3 Using the organization's acquisition, accession, items (check all that apply).	and other records, check ar	ny of the following that ma	ake significant use of its	collection
a Public exhibition	d 🗌 Loan d	or exchange program		
b Scholarly research	e 🗌 Other			
c Preservation for future generations				
4 Provide a description of the organization's collect Part XIII.				
5 During the year, did the organization solicit of to be sold to raise funds rather than to be m		t, historical treasures, o rganization's collection?	r other similar assets	Yes No
Part IV Escrow and Custodial Arrang Complete if the organization a Form 990, Part X, line 21.	jements answered "Yes" on F	orm 990, Part IV, li	ne 9, or reported a	n amount on
1a Is the organization an agent, trustee, custod on Form 990, Part X?	an, or other intermediary	for contributions or oth	er assets not included	Yes No
b If "Yes," explain the arrangement in Part XIII an				
				Amount
c Beginning balance			1c	
d Additions during the year				
e Distributions during the year			1e	
f Ending balance				
2a Did the organization include an amount on F				Yes No
b If "Yes," explain the arrangement in Part XII	. Check here if the explanation	nation has been provide	ed in Part XIII	
Part V Endowment Funds			10	
Complete if the organization a	inswered "Yes" on F	orm 990, Part IV, II	ne 10.	
(a) Curre	nt year (b) Prior year	(c) Two years back	(d) Three years back	(e) Four years back
1a Beginning of year balance				
b Contributions				
c Net investment earnings, gains,				
and losses				
d Grants or scholarships				
e Other expenditures for facilities				
and programs				
f Administrative expenses				
g End of year balance2 Provide the estimated percentage of the curr	ant year and helenes (in			
1 0	,	le rg, column (a)) neid a	as:	
a Board designated or quasi-endowment	00 00			
	6			
The percentages on lines 2a, 2b, and 2c should	equal 100%.			
3a Are there endowment funds not in the possession	n of the organization that a	are held and administered	for the	Vec No
organization by: (i) Unrelated organizations?				Yes No
(ii) Related organizations?				3a(i) 3a(ii)
b If "Yes" on line 3a(ii), are the related organizations?				3b
4 Describe in Part XIII the intended uses of the				30
		filt lulius.		
Part VI Land, Buildings, and Equipm Complete if the organization answered		IV. line 11a. See Form 9	90. Part X. line 10.	
Description of property	(a) Cost or other basis	(b) Cost or other	(c) Accumulated	(d) Book value
	(investment)	basis (other)	depreciation	
1a Land				
b Buildings				
c Leasehold improvements		564,205.	27,035.	537,170.
d Equipment		6,591.	3,936.	2,655.
e Other		11,960.	5,122.	6,838.
Total. Add lines 1a through 1e. (Column (d) must	equal Form 990, Part X, I	ine 10c, column (B))		546,663.
BAA			Sched	ule D (Form 990) 2023

Part VII	Investments – Other Securities	on Form 000 Port IV line	N/A 11h See Form 000 Part V line 12	
(a) Descri	Complete if the organization answered "Yes" iption of security or category (including name of security)	(b) Book value	(c) Method of valuation: Cost or end-	of-vear market value
	al derivatives	•••	(C) method of valuation. bost of ond-	
-	held equity interests.			
B) Other				
A)		-		
<u>//</u>				
<u></u>				
<u></u>				
<u>´</u>				
 F)				
 G)				
H)				
(1)				
	nn (b) must equal Form 990, Part X, line 12, column (B)) .			
Part VIII	Investments – Program Related			
	Complete if the organization answered "Yes" (a) Description of investment	(b) Book value	(c) Method of valuation: Cost or end	l of voor markat value
(1)	(a) Description of investment			a or year market value
(1)				
(2) (3)				
(3)				
(5)				
(6)				
(7)				
(8)				
(9)				
(10)				
otal. (Colun	nn (b) must equal Form 990, Part X, line 13, column (B)).			
Part IX	Other Assets	N/A		
	Complete if the organization answered "Yes"	on Form 990, Part IV, line Description	11d. See Form 990, Part X, line 15.	(b) Book value
(1)	(a)	Description		
(2)				
(3)				
(4)				
(5)				
(6)				
(7)				
(8) (9)				
(10)				
	umn (b) must equal Form 990, Part X, line 15	5 column (B))		
Part X	Other Liabilities	, oolanni (B))		
	Complete if the organization answered "Ves"	on Form 990, Part IV, line	11e or 11f. See Form 990, Part X, line	25.
	(a) De	scription of liability		(b) Book value
(1) Feder	(a) De al income taxes	scription of liability		
(1) Feder(2) CREI	(a) De	scription of liability		
(1) Feder(2) CREI(3)	(a) De al income taxes	scription of liability		
 (1) Feder (2) CREI (3) (4) 	(a) De al income taxes	scription of liability		
 (1) Feder (2) CREI (3) (4) (5) 	(a) De al income taxes	scription of liability		
 (2) CREI (3) (4) (5) (6) 	(a) De al income taxes	scription of liability		
 (1) Feder (2) CREI (3) (4) (5) 	(a) De al income taxes	scription of liability		
(1) Feder (2) CREI (3) (4) (5) (6) (7) (8) (9)	(a) De al income taxes	scription of liability		
(1) Feder (2) CREI (3) (4) (5) (6) (7) (8) (9) (10)	(a) De al income taxes	scription of liability		
(1) Feder (2) CREI (3) (4) (5) (6) (7) (8) (9) (10)	(a) De al income taxes	scription of liability		24,434
(1) Feder (2) CREI (3) (4) (5) (6) (7) (8) (9) (10) (11) Total. (Colu	(a) De al income taxes	, column (B))		24,434

tax positions under FASB ASC 740. Check here if the text of the footnote has been provided in Part XIII.....

Schedule D (Form 990) 2023 BE THE CHANGE IN MENTAL HEALTH	85-1043181	Page 4
Part XI Reconciliation of Revenue per Audited Financial Statements With Revenue p	oer Return N/A	
Complete if the organization answered "Yes" on Form 990, Part IV, line 12a.		
1 Total revenue, gains, and other support per audited financial statements	1	
2 Amounts included on line 1 but not on Form 990, Part VIII, line 12:		
a Net unrealized gains (losses) on investments 2a		
b Donated services and use of facilities		
c Recoveries of prior year grants		
d Other (Describe in Part XIII.)		
e Add lines 2a through 2d.	2e	
3 Subtract line 2e from line 1.	3	
4 Amounts included on Form 990, Part VIII, line 12, but not on line 1:		
a Investment expenses not included on Form 990, Part VIII, line 7b 4a		
b Other (Describe in Part XIII.)		
c Add lines 4a and 4b	4c	
5 Total revenue. Add lines 3 and 4c. (This must equal Form 990, Part I, line 12.).	5	
Part XII Reconciliation of Expenses per Audited Financial Statements With Expenses	s per Return N/A	
Complete if the organization answered "Yes" on Form 990, Part IV, line 12a.		
1 Total expenses and losses per audited financial statements	1	
2 Amounts included on line 1 but not on Form 990, Part IX, line 25:		
a Donated services and use of facilities 2a		
b Prior year adjustments		
c Other losses		
d Other (Describe in Part XIII.)		
e Add lines 2a through 2d.	2e	
3 Subtract line 2e from line 1.	3	
4 Amounts included on Form 990, Part IX, line 25, but not on line 1:		
a Investment expenses not included on Form 990, Part VIII, line 7b 4a		
b Other (Describe in Part XIII.)		
c Add lines 4a and 4b.		
5 Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line 18.)	5	
Part XIII Supplemental Information		

Provide the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and 4; Part IV, lines 1b and 2b; Part V, line 4; Part X, line 2; Part XI, lines 2d and 4b; and Part XII, lines 2d and 4b. Also complete this part to provide any additional information.

-		~	ΤТ	~	ът	~
	HF.	C	ы	~	NL	

Transactions With Interested Persons

Complete if the organization answered "Yes" on Form 990, Part IV, line 25a, 25b, 26, 27, 28a, 28b, or 28c; or Form 990-EZ, Part V, line 38a or 40b. Attach to Form 990 or Form 990-EZ. Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047 2023

Open to Public Inspection

Department of the Treasury Internal Revenue Service Name of the organization

SCHEDULE L (Form 990)

ΒE CHANGE IN MENTAL HEALTH

Employer identification number 85-1043181

\$

\$

Part I	Excess Benefit Transactions (section 501(c)(3), section 501(c)(4), and section 501(c)(29) organizations only) Complete if the
	Excess Benefit Transactions (section 501(c)(3), section 501(c)(4), and section 501(c)(29) organizations only) Complete if the organization answered "Yes" on Form 990, Part IV, line 25a or 25b; or Form 990-EZ, Part V, line 40b.

1	(a) Name of disqualified person	(b) Relationship between disqualified person and organization	(c) Description of transaction	(d) Cor	rected?
1	(a) Name of disquamed person	organization		Yes	No
(1)					
(2)					
(3)					
(4)					
(5)					
(6)					

2 Enter the amount of tax incurred by the organization managers or disqualified persons during the year under section 4958

Enter the amount of tax, if any, on line 2, above, reimbursed by the organization 3

Part II Loans to and/or From Interested Persons

Complete if the organization answered "Yes" on Form 990-EZ, Part V, line 38a, or Form 990, Part IV, line 26; or if the organization reported an amount on Form 990, Part X, line 5, 6, or 22.

(a) Name of interested person	(b) Relationship with organization	(c) Purpose of loan	(d) Loan to or from the organization?		(e) Original principal amount	(f) Balance due	(g) In default?		(h) Approved by board or committee?		(i) Written agreement?	
			То	From			Yes	No	Yes	No	Yes	No
(1) M. CHILCOTT	CEO	OPERATIONS	Х		50,000.	50,000.		Х	Х			Х
(2)												
(3)												
(4)												
(5)												
(6)												
(7)												
(8)												
(9)												
(10)												
Total					\$	50,000.						

Part III Grants or Assistance Benefiting Interested Persons

Complete if the organization answered "Yes" on Form 990, Part IV, line 27.

	(a) Name of interested person	(b) Relationship between interested person and the organization	(c) Amount of assistance	(d) Type of assistance	(e) Purpose of assistance
(1)					
(2)					
(3)					
(4)					
(5)					
(6)					
(7)					
(8)					
(9)					
(10)					

BAA For Paperwork Reduction Act Notice, see the instructions for Form 990 or 990-EZ.

Schedule L (Form 990) 2023

BE THE CHANGE IN MENTAL HEALTH

Part IV Business Transactions Involving Interested Persons Complete if the organization answered "Yes" on Form 990, Part IV, line 28a, 28b, or 28c.

(a) Name of interested person	(b) Relationship between interested person and the organization	(c) Amount of transaction	(d) Description of transaction	(e) Sha organiz rever	aring of zation's nues?
				Yes	No
(1) M. CHILCOTT	CEO		PERSONNALY GUARANTEED DEB		Х
(2)					
(3)					
(4)					
(5)					
(6)					
(7)					
(8)					
(9)					
(10)					
Part V Supplemental Information	•	•	·	•	

Provide additional information for responses to questions on Schedule L. See instructions.

Supplemental Information to Form 990 or 990-EZ Complete to provide information for responses to specific questions on

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information. Attach to Form 990 or Form 990-EZ. Go to www.irs.gov/Form990 for the latest information. OMB No. 1545-0047

2023

Open to Public Inspection

Department of the Treasury Internal Revenue Service Name of the organization

Employer identification number

BE THE CHANGE IN MENTAL HEALTH

85-1043181

FORM 990, PART VI, LINE 2 - BUSINESS OR FAMILY RELATIONSHIP OF OFFICERS, DIRECTORS, ETC.

MEMBERS TIM WEBB AND TRACY WEBB ARE MARRIED

FORM 990, PART VI, LINE 11B - FORM 990 REVIEW PROCESS

PRIOR TO FINALIZING THE TAX RETURN, THE CEO AND EXECUTIVE DIRECTOR REVIEW TAX RETURN

WITH THE ACCOUNTANT WHO PREPARED IT.

FORM 990, PART VI, LINE 19 - OTHER ORGANIZATION DOCUMENTS PUBLICLY AVAILABLE

THE ORGANIZATION MAKES ITS GOVERNING DOCUMENTS, CONFLICT OF INTEREST POLICY AND TAX

RETURNS AVAILABLE TO THE PUBLIC UPON REQUEST.

12/31/23 2023 FEDERAL BOOK SUMMARY DEPRECIATION SCHEDULE

BE THE CHANGE IN MENTAL HEALTH

85-1043181

PAGE 1

<u>NO.</u> _	DESCRIPTION	DATE ACQUIRED	DATE SOLD	COST/ BASIS	BUS. PCT.	CUR 179/ SDA	PRIOR 179/ SDA/ DEPR.	METHOD	LIFE.	CURRENT DEPR.
	PUTER EQUIPMENT									
1 C	COMPUTER	6/15/21		6,591			2,618	S/L	5	1,318
	TOTAL COMPUTER EQUIPMENT			6,591		0	2,618		-	1,318
2 0	OFFICE FURNITURE	6/15/21		11,960			3,413	S/L	7	1,709
	OTAL FURNITURE AND FIXTURE			11,960		0	3,413			1,709
3 L	EASEHOLD IMPROVEMENTS	2/01/22		564,205			12,930	S/L	40	14,105
Т	OTAL IMPROVEMENTS			564,205		0	12,930			14,105
Т	OTAL DEPRECIATION			582,756		0	18,961		-	17,132
G	RAND TOTAL DEPRECIATION			582,756		0	18,961		=	17,132